2026

STRENGTH. AND BEYOND.

JEBERLY / ENGLISH PRODUCT CATALOGUE

235 product entries. 18 categories.
Free weights, strength machines, benches, storage and training accessories.



Contact: leo@jeberly.cn
WhatsApp / WeChat: +86 18014985345

COLLECTION INDEX

Products are grouped by category and ordered by model. Names and specifications have been translated and edited for clear international English. Model numbers and source-page references are retained.

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Before ordering

Confirm current specifications, stock, pricing, minimum order quantities and shipping terms with JEBERLY. Package dimensions are distinct from assembled dimensions. Net / gross weights are not load capacities or resistance ratings. Images are taken from the supplied catalogue. Where the source contains conflicting values, duplicate model numbers or mismatched photographs, the relevant entry includes a confirmation note. No unverified certifications, prices or performance claims have been added.

Dumbbells



YH-1022

Vinyl-Coated Dumbbells

Weights: 1 / 2 / 3 / 5 kg (pair)

Colors: violet / green / grey / pink

Source catalogue page: 3



YH-1023

Colored-Label Hex Dumbbells

Weights: 2 / 3 / 5 / 6 / 7.5 / 10 kg (pair)

Colors: black with red or green labels

Source catalogue page: 3



YH-1023H

Classic Black Hex Dumbbells

Weights: 2 / 3 / 5 / 6 / 7.5 / 10 kg (pair)

Colors: black

Source catalogue page: 3



YH-1032

Rubber-Coated Hex Dumbbells

Weights (as printed): 2.5 / 5 / 7.5 / 10 / 12.5 / 5 / 17.5 / 20 / 22.5 / 25 / 27.5 / 30 / 35 kg

Colors: black

Note: The source repeats 5 kg after 12.5 kg. Confirm this option before ordering.

Source catalogue page: 3



YH-1034

Steel Dumbbells

Weights: 1 / 2 / 2.5 / 4 / 5 / 7.5 kg (pair)

Colors: silver

Source catalogue page: 3



YH-1036

Shaping Dumbbells

Weights: 1 / 1.5 / 2 / 3 kg (pair)

Colors: aqua blue and rose red / light camel and orange / violet and light blue / rose red and light camel

Source catalogue page: 3



YH-1037

Plastic-Coated Fitness Dumbbells

Weights: 1.5 / 2 / 2.5 / 3 / 5 kg (pair)

Colors: pink / blue / purple / light green

Source catalogue page: 3



YH-1038

Plastic-Coated Hex Dumbbells

Weights: 2 / 3 / 5 / 6 / 7.5 / 10 kg (pair)

Colors: black

Source catalogue page: 3



YH-1124

10-Sided Fixed-Weight Dumbbells

Weights: 2.5 / 5 / 7.5 / 10 / 12.5 / 15 / 17.5 / 20 / 22.5 / 25 kg

Colors: black

Source catalogue page: 3



YH-1125

Commercial Dumbbells

Weights: 2.5 / 5 / 7.5 / 10 / 12.5 / 15 / 17.5 / 20 / 22.5 / 25 kg

Colors: black

Source catalogue page: 3



YH-1126

Premium Hex Dumbbells

Weights: 2 / 3 / 5 / 6 / 7.5 / 10 kg (pair)

Colors: black with blue accents

Source catalogue page: 3



YH-1140

Foam-Grip Dumbbells

Weights: 1 / 1.5 / 2 kg (pair)

Package: 280 x 138 x 75 mm

Colors: pink / red / grey

Source catalogue page: 3



YH-1143

Colored Plastic-Coated Hex Dumbbells

Weights: 1.5 / 2 / 2.5 / 3 / 5 kg (pair)

Colors: pink / blue / purple / rose red / light green

Source catalogue page: 3



YH-1147

Petal-Shape Colored Dumbbells

Weights: 1 / 1.5 / 2 / 2.5 / 3 kg (pair)

Colors: pink / purple / blue

Source catalogue page: 3



YH-1149

Premium Colored Dumbbells

Weights (as printed): 3 / 15 / 10 / 15 / 20 / 25 lb (pair)

Colors: pink / purple / blue / orange

Note: The source repeats 15 lb. Confirm the intended weight options before ordering.

Source catalogue page: 3



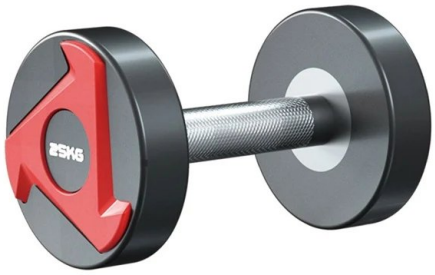
YH-1200

Adjustable Dumbbells

Weights: 5 kg (single or pair)

Colors: nebula pink / dark grey / light pink

Source catalogue page: 3



YH-1206

Whirlwind Dumbbells

Weights: 2.5 / 5 / 7.5 / 10 / 12.5 / 15 / 17.5 / 20 / 22.5 / 25 kg (single)

Colors: black and red

Source catalogue page: 3

Kettlebells



YH-1162

Powder-Coated Cast-Iron Kettlebell

Weights: 4 / 6 / 8 / 10 / 12 / 14 / 15 / 16 / 18 / 20 / 24 / 28 / 32 kg

Colors: black

Source catalogue page: 4



YH-1165

Vinyl-Coated Cast-Iron Kettlebell

Weights: 4 / 6 / 8 / 10 / 12 / 14 / 15 / 16 / 18 / 20 / 24 / 28 / 32 kg

Colors: black / red / blue / yellow / pink / violet / peacock green / orange / silver grey

Source catalogue page: 4



YH-1169

Soft-Body Kettlebell

Weights: 2 / 4 / 5 / 6 / 8 / 10 / 12 kg

Colors: black / pink / light blue / blue / green

Source catalogue page: 4



YH-1212

Butterfly Soft-Body Kettlebell

Weights: 4 / 5 / 6 / 8 / 10 kg

Colors: red / light purple / yellow

Source catalogue page: 4



YH-1217

Two-Tone Soft-Body Kettlebell

Weights: 4 / 5 / 6 / 8 / 10 kg

Colors: yellow and silver / yellow and black

Source catalogue page: 4



YH-1221

Wave-Handle Soft-Body Kettlebell

Weights: 2 / 4 / 5 / 6 / 8 / 10 / 12 kg

Colors: pink / light blue / green

Source catalogue page: 4

Dumbbell & Barbell Sets



YH-1030

Plastic-Coated 2-in-1 Dumbbell Set

Set weights: 10 / 15 / 20 / 25 / 30 kg

Colors: black

Source catalogue page: 4



YH-1043

Multifunction Barbell & Dumbbell Set

Set weights: 20 / 25 / 30 / 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70 / 75 / 80 / 85 / 90 / 95 / 100 kg

Colors: black

Source catalogue page: 4



YH-1088

Chrome Steel Barbell & Dumbbell Set

Set weights: 25 / 30 / 50 kg

Colors: silver

Source catalogue page: 4



YH-1142

Octagonal 2-in-1 Dumbbell Set

Set weights: 10 / 15 / 20 / 25 / 30 kg

Colors: black

Source catalogue page: 4



YH-1202

Adjustable 4-in-1 Dumbbell Set

Set weights: 10 / 15 / 30 / 40 kg

Colors: black and red

Source catalogue page: 4



YH-1204

4-in-1 Triangular Dumbbell Set

Set weights: 15 / 20 / 25 / 30 / 35 / 40 kg

Colors: black / orange

Source catalogue page: 4



YH-1223

Multifunction Iron Dumbbell Set

Set weights: 10 / 15 / 20 / 30 / 40 kg

Colors: orange

Source catalogue page: 4

Barbells & Plates



YH-1042G

Steel Barbell Bar

Lengths: 120 / 150 / 180 cm

Colors: silver

Source catalogue page: 5



YH-1042P

Grip Rubber Weight Plates

Weights: 2.5 / 5 / 10 / 15 / 20 / 25 kg

Colors: black

Source catalogue page: 5



YH-1055

Colored Grip Weight Plates

Weights: 2.5 / 5 / 10 / 15 / 20 / 25 kg

Colors: yellow / red / blue / green

Source catalogue page: 5



YH-2000

Olympic Barbell Bar

Lengths: 120 / 180 / 220 cm

Colors: silver

Source catalogue page: 5



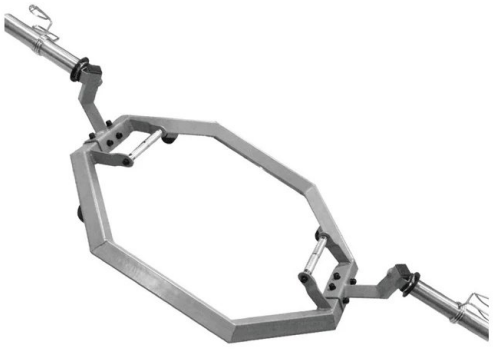
YH-L210

Olympic Hex Trap Bar

Package: 233 x 78 x 34 cm

Net / gross weight: 55 / 59 kg

Source catalogue page: 5



YH-L220

Hexagonal Olympic Trap Bar

Package: 96 x 43 x 18 cm

Net / gross weight: 23 / 25 kg

Source catalogue page: 5



YH-L221

Deadlift Training Handle

Package: 1090 x 710 x 275 mm

Net / gross weight: 26.6 / 30 kg

Source catalogue page: 13



YH-V801

Barbell Training Handle

Package: 185 x 185 x 110 mm

Net / gross weight: 1.6 / 2 kg

Source catalogue page: 14



YH-V901

Barbell Landmine Base

Package: 380 x 380 x 130 mm

Net / gross weight: 11.5 / 12.5 kg

Source catalogue page: 14



YH-V902

Barbell Landmine Attachment

Package: 270 x 150 x 120 mm

Net / gross weight: 2.7 / 3.2 kg

Source catalogue page: 14

Home Gyms & Cable Machines



YH-020

Multifunction Cable Crossover

Dimensions: 2510 x 620 x 2160 mm

Machine weight: 63 kg

Weight stack: 100 kg

Source catalogue page: 8



YH-088/A600

Red & Black Single-Station Home Gym

Dimensions: 1310 x 1080 x 2050 mm

Machine weight: 45 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-0886/A400

Three-Station Home Gym with Stepper

Dimensions: 1920 x 1900 x 2000 mm

Machine weight: 103.7 kg

Weight stack: 68 kg

Source catalogue page: 7



YH-0887

Premium Two-Station Home Gym

Dimensions: 1430 x 1070 x 2060 mm

Machine weight: 68 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-0888/A100

Premium Single-Station Home Gym

Dimensions: 1400 x 1090 x 2020 mm

Machine weight: 45 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-0889/A200

Premium Three-Station Home Gym

Dimensions: 1600 x 2530 x 2000 mm

Machine weight: 110 kg

Weight stack: 68 kg

Source catalogue page: 7



YH-089/A700

Classic Single-Station Home Gym

Dimensions: 1400 x 1070 x 2060 mm

Machine weight: 40 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-0898/A800

Upgraded Single-Station Home Gym

Dimensions: 1400 x 1070 x 2060 mm

Machine weight: 42 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-A140

Black Single-Station Home Gym

Dimensions: 1555 x 1110 x 2070 mm

Machine weight: 41 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-A181

Gold-Tone Single-Station Home Gym

Dimensions: 1220 x 1070 x 2090 mm

Machine weight: 32 kg

Weight stack: 100 lb

Source catalogue page: 7



YH-A190H

Single-Station Trainer

Packages: 1280 x 680 x 225 mm / 1840 x 190 x 130 mm / 1830 x 310 x 200 mm / 390 x 190 x 265 mm / 390 x 190 x 225 mm

Net / gross weight: 111 / 120 kg

Source catalogue page: 13



YH-A420

Multifunction Cable Trainer

Dimensions: 1910 x 1200 x 2050 mm

Machine weight: 69 kg

Weight stack: 90 kg

Source catalogue page: 8



YH-A423

Multifunction Cable Crossover

Dimensions: 1480 x 1220 x 2190 mm

Machine weight: 80 kg

Weight stack: 45 kg

Source catalogue page: 8



YH-A430H

Dual-Station Trainer

Packages: 1290 x 580 x 165 mm / 800 x 690 x 175 mm / 2140 x 350 x 125 mm / 1830 x 310 x 200 mm / 390 x 190 x 265 mm / 390 x 190 x 225 mm

Net / gross weight: 133 / 142 kg

Source catalogue page: 13



YH-A440

Four-Station Home Gym

Dimensions: 2480 x 2200 x 2030 mm

Machine weight: 106.5 kg

Weight stack: 45 kg

Source catalogue page: 7



YH-A450

Advanced Single-Station Home Gym

Dimensions: 1960 x 1200 x 2050 mm

Machine weight: 87 kg

Weight stack: 60 kg

Source catalogue page: 7



YH-A900

Single-Station Home Gym

Dimensions: 1700 x 1070 x 2000 mm

Machine weight: 55 kg

Weight stack: 60 kg

Source catalogue page: 7



YH-G200

Light-Commercial Functional Trainer

Dimensions: 1740 x 2200 x 2160 mm

Machine weight: 212 kg

Weight stacks: 100 kg x 2

Source catalogue page: 8



YH-G200+G2001

Multifunction Smith Machine

Dimensions: 2020 x 1370 x 2235 mm

Net / gross weight: 105 / 113 kg

Source catalogue page: 8



YH-H520

Lat-Pulldown Machine

Package: 1235 x 710 x 115 mm

Net / gross weight: 26 / 29 kg

Source catalogue page: 13





YH-K100

Light-Commercial Cable Crossover

Dimensions: 3670 x 1035 x 2400 mm

Machine weight: 149 kg

Weight stacks: 100 kg x 2

Source catalogue page: 8



YJ-G300

Single-Side Cable Trainer

Packages: 2200 x 760 x 170 mm / 385 x 195 x 225 mm / 385 x 195 x 225 mm / 385 x 195 x 267 mm

Net / gross weight: 103 / 110 kg

Source catalogue page: 12



YJ-G310

Single-Side Cable Pulldown Trainer

Package: 1995 x 300 x 105 mm

Net / gross weight: 20 / 23 kg

Source catalogue page: 12

Weight Benches & Roman Chairs



YH-058

S-Shape Multifunction Sit-Up Bench

Package: 1280 x 355 x 185 mm

Net / gross weight: 10 / 11 kg

Source catalogue page: 9



YH-069/E300

Folding Roman Chair

Package: 810 x 540 x 150 mm

Net / gross weight: 14 / 15 kg

Source catalogue page: 9



YH-078

Premium Multifunction Sit-Up Bench

Package: 1270 x 380 x 138 mm

Net / gross weight: 11 / 12 kg

Source catalogue page: 9



YH-098

Black Gloss-Finish Sit-Up Bench

Package: 1235 x 370 x 128 mm

Net / gross weight: 9 / 10 kg

Source catalogue page: 9



YH-1056/D200

Multifunction Dumbbell Bench

Package: 1240 x 455 x 200 mm

Net / gross weight: 15 / 16 kg

Source catalogue page: 9



YH-1058/E200

Multifunction Roman Chair

Package: 740 x 590 x 150 mm

Net / gross weight: 13 / 14 kg

Source catalogue page: 9



YH-1059/C100

Multifunction Roman Chair

Package: 1080 x 370 x 150 mm

Net / gross weight: 15 / 17 kg

Source catalogue page: 9



YH-1089/B200

Weight Bench with Barbell Stand

Package: 1210 x 460 x 150 mm

Net / gross weight: 20 / 21 kg

Source catalogue page: 8



YH-2071/B500

Premium Weight Bench

Package: 1010 x 660 x 210 mm

Net / gross weight: 35.7 / 39.5 kg

Source catalogue page: 8



YH-2706/D300

Flat Dumbbell Bench

Package: 1200 x 340 x 200 mm

Net / gross weight: 20 / 21 kg

Source catalogue page: 9



YH-B400

Multifunction Weight Bench

Package: 1050 x 605 x 165 mm

Net / gross weight: 28.5 / 31 kg

Source catalogue page: 8



YH-B510

Weight Bench with Lat-Pulldown Stand

Packages: 1060 x 520 x 220 mm / 60 x 60 x 1770 mm

Net / gross weights: 33.6 / 36 kg and 2.9 / 3.6 kg

Source catalogue page: 8



YH-B522

Multifunction Weight Bench

Package: 1200 x 580 x 195 mm

Net / gross weight: 28 / 30 kg

Source catalogue page: 8



YH-B700

Multifunction Safety Bench

Dimensions: 1825 x 695 x 850 mm

Package: 1360 x 500 x 235 mm

Net / gross weight: 27.5 / 30.5 kg

Source catalogue page: 9



YH-B800

Folding Weight Bench

Package: 1330 x 490 x 200 mm

Net / gross weight: 21.4 / 23.75 kg

Source catalogue page: 8



YH-C400

Sit-Up & Dumbbell Bench

Package: 1400 x 550 x 290 mm

Net / gross weight: 33 / 35 kg

Source catalogue page: 9



YH-D160

Folding Adjustable Dumbbell Bench

Package: 800 x 350 x 215 mm

Net / gross weight: 15 / 16 kg

Note: This model is also used for a different bench in the source. Specify the product name when inquiring.

Source catalogue page: 9



YH-D160

Premium Sit-Up Bench

Package: 950 x 260 x 540 mm

Net / gross weight: 15.5 / 18.5 kg

Note: This model is also used for a different bench in the source. Specify the product name when inquiring.

Source catalogue page: 9



YH-D510

Premium Dumbbell Bench

Package: 1180 x 550 x 100 mm

Net / gross weight: 18 / 20 kg

Source catalogue page: 9



YH-D600

Light-Commercial Roman Chair

Dimensions: 1350 x 800 x 840 mm

Package: 1360 x 830 x 300 mm

Net / gross weight: 20 / 22.5 kg

Source catalogue page: 9



YH-E100S

Upgraded Roman Chair

Package (as printed): 740 x 50 x 180 mm

Net / gross weight: 18 / 19.5 kg

Note: Confirm the 50 mm package dimension before ordering.

Source catalogue page: 9



YH-J1906

Light-Commercial Dumbbell Bench

Package: 1400 x 720 x 485 mm

Net / gross weight: 19 / 22 kg

Note: This model is also used for plyometric boxes in the source. Specify Dumbbell Bench when inquiring.

Source catalogue page: 12



YJ-C420

Commercial Adjustable Dumbbell Bench

Package: 1240 x 480 x 245 mm

Net / gross weight: 32 / 35 kg

Source catalogue page: 12



YJ-C430

Commercial Dumbbell Bench

Package: 1240 x 500 x 250 mm

Net / gross weight: 36 / 39 kg

Source catalogue page: 12



YJ-D100A

Adjustable Dumbbell Bench

Package: 770 x 330 x 285 mm

Net / gross weight: 15 / 18 kg

Source catalogue page: 12



YJ-J600

Dumbbell Storage Bench

Package: 1475 x 450 x 530 mm

Net / gross weight: 76 / 80 kg

Source catalogue page: 12

Pull-Up & Dip Stations



YH-039/H400

Doorway Pull-Up & Dip Bar

Package: 975 x 260 x 80 mm

Net / gross weight: 3.3 / 3.8 kg

Colors: black

Source catalogue page: 10



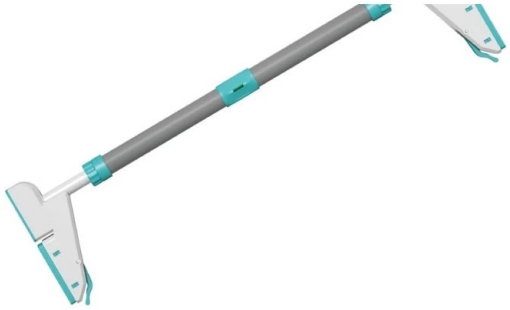
YH-042

Diamond-Style Doorway Pull-Up Bar

Lengths and net / gross weights: 65-100 cm: 1.9 / 2.1 kg / 90-130 cm: 2.4 / 2.6 kg / 100-150 cm: 2.8 / 3.1 kg

Note: The source uses YH-042 for two designs. Specify Diamond-Style when inquiring.

Source catalogue page: 10



YH-042

Double-Support Pull-Up Bar

Lengths and net / gross weights: 76-110 cm: 2.1 / 2.3 kg / 96-140 cm: 2.7 / 2.9 kg / 119-180 cm: 3.6 / 4 kg

Note: The source uses YH-042 for two designs. Specify Double-Support when inquiring.

Source catalogue page: 10



YH-043/H410

Multifunction Doorway Pull-Up Bar

Package: 570 x 275 x 35 mm

Net / gross weight: 2.5 / 2.7 kg

Colors: black

Source catalogue page: 10



YH-045

Stable Doorway Pull-Up Bar

Lengths and net / gross weights: 72-110 cm: 1.8 / 1.9 kg / 93-140 cm: 2.5 / 2.6 kg / 115-160 cm: 2.9 / 3 kg

Source catalogue page: 10



YH-482

Folding Wall-Mounted Pull-Up Bar

Package: 400 x 70 x 600 mm

Net / gross weight: 5.1 / 5.7 kg

Colors: black / white

Source catalogue page: 10



YH-H210D

Horizontal Training Bar

Package: 1070 x 810 x 90 mm

Net / gross weight: 5.6 / 7.4 kg

Source catalogue page: 13



YH-H300

Indoor Power Tower & Dip Station

Package: 1475 x 505 x 210 mm

Net / gross weight: 35 / 38 kg

Source catalogue page: 9



YH-H455

Multifunction Wall-Mounted Pull-Up Bar

Package: 80 x 29.5 x 15.5 cm

Net / gross weight: 9.5 / 10.5 kg

Source catalogue page: 10



YH-H460

Heavy-Duty Wall-Mounted Pull-Up Bar

Package: 169.5 x 18 x 12.5 cm

Net / gross weight: 16 / 17 kg

Source catalogue page: 10



YH-H500

Power Tower & Dip Station

Package: 1450 x 430 x 175 mm

Net / gross weight: 36 / 38.5 kg

Source catalogue page: 9



YH-H800

Stable Power Tower & Dip Station

Package: 165 x 61 x 14.5 cm

Net / gross weight: 31 / 34 kg

Source catalogue page: 9



YH-H810

Adjustable Pull-Up & Dip Station

Package: 118 x 42 x 11 cm

Net / gross weight: 13 / 15 kg

Source catalogue page: 9



YJ-H210D

Adjustable Horizontal Bar

Package: 1070 x 810 x 90 mm

Net / gross weight: 5.6 / 7.4 kg

Source catalogue page: 12



YJ-H220D

Freestanding Horizontal Bar

Package: 1200 x 230 x 100 mm

Net / gross weight: 12 / 15.5 kg

Source catalogue page: 12



YJ-H220G

Freestanding Horizontal Bar

Package: 1545 x 270 x 170 mm

Net / gross weight: 22.3 / 23.8 kg

Source catalogue page: 12

Push-Up Bars & Parallettes



YH-011

S-Shape Push-Up Bars

Package: 190 x 135 x 135 mm

Net / gross weight: 0.9 / 1.1 kg

Colors: black

Source catalogue page: 10



YH-015

I-Shape Push-Up Bars

Package: 210 x 130 x 80 mm

Net / gross weight: 0.4 / 0.6 kg

Colors: black

Source catalogue page: 10



YH-017

Multifunction Push-Up Bars

Package: 255 x 165 x 90 mm

Colors: grey / green / blue / pink / black

Source catalogue page: 10



YH-1207

Balance Dip Bars

Package: 820 x 230 x 150 mm

Net / gross weight: 14 / 15.5 kg

Colors: black

Source catalogue page: 10



YH-H210S

Adjustable Dip Bars

Package: 810 x 690 x 100 mm

Net / gross weight: 12 / 13 kg

Colors: black

Source catalogue page: 10



YH-H220A

Separate Parallel Bars

Package: 820 x 510 x 165 mm

Net / gross weight: 19.3 / 20.8 kg

Source catalogue page: 13



YH-H220K

Adjustable Balance Parallel Bars

Package: 770 x 740 x 100 mm

Net / gross weight: 11.5 / 13 kg

Source catalogue page: 13



YH-H223

Multifunction Push-Up Station

Package: 670 x 370 x 120 mm

Net / gross weight: 11 / 13 kg

Source catalogue page: 13



YH-H811

Push-Up Bars

Package: 640 x 455 x 125 mm

Net / gross weight: 6.5 / 8 kg

Source catalogue page: 13



YH-X910

Beech-Wood Push-Up Bars

Packages: A 320 x 270 x 70 mm / B 515 x 135 x 95 mm / C 500 x 250 x 85 mm

Net / gross weights: A 2.4 / 2.7 kg / B 3.3 / 3.6 kg / C 5 / 5.4 kg

Source catalogue page: 10



YH-X911

Steel Push-Up Bars

Packages: A 320 x 315 x 95 mm / B 515 x 135 x 90 mm / C 500 x 250 x 105 mm

Net / gross weights: A 2.7 / 3.1 kg / B 4.3 / 4.6 kg / C 5.8 / 7.2 kg

Source catalogue page: 10



YH-X911B

Steel Push-Up Bars

Package: 325 x 175 x 115 mm

Net / gross weight: 2.4 / 2.7 kg

Source catalogue page: 13



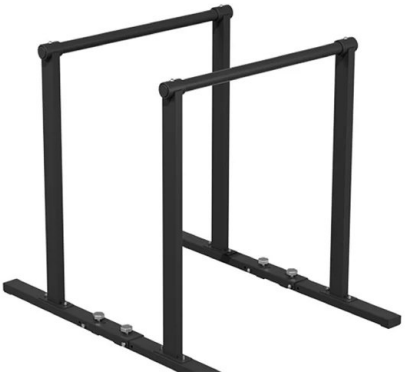
YJ-H220E

Adjustable Parallel Bars

Package: 815 x 570 x 140 mm

Net / gross weight: 9.5 / 11 kg

Source catalogue page: 12



YJ-H220L

Separate Parallel Bars

Package: 910 x 560 x 100 mm

Net / gross weight: 15.5 / 17 kg

Source catalogue page: 12

Training Equipment



YH-G110

Fitness Power Rack

Packages: 2180 x 280 x 140 mm / 1200 x 380 x 185 mm / 1020 x 360 x 235 mm

Net / gross weights: 39 / 42 kg, 25 / 28 kg, 29 / 32 kg

Source catalogue page: 13

YH-H471

Punching Bag Wall Hanger

Package: 790 x 490 x 75 mm

Net / gross weight: 6 / 8 kg

Note: The source photograph shows a folding mat and does not match this product name. Product photo requires confirmation.

Source catalogue page: 14



YH-J110

Ab Trainer

Package: 610 x 360 x 80 mm

Net / gross weight: 2 / 2.5 kg

Source catalogue page: 13



YH-J1906

Plyometric Box Set

12-inch: 8.3 / 10 kg net / gross, 403 x 403 x 305 mm

18-inch: 10.6 / 12.5 kg net / gross, 479 x 479 x 457 mm

24-inch: 15.2 / 15.5 kg net / gross, 581 x 581 x 610 mm

30-inch: 15.8 / 17.5 kg net / gross, 733 x 733 x 762 mm

Package: 760 x 760 x 800 mm

Note: This model is also used for a bench in the source. Specify Plyometric Box Set when inquiring.

Source catalogue page: 12



YH-V851

Training Sled

Packages: 1045 x 280 x 130 mm / 640 x 500 x 120 mm

Net / gross weight: 38 / 44 kg

Source catalogue page: 13



YH-X150

Portable Barbell Stand

Package: 550 x 360 x 400 mm

Net / gross weight: 10 / 11 kg

Note: This model is also used for a storage rack in the source. Specify the product name.

Source catalogue page: 11



YH-X310

Multifunction Power Training Rack

Packages: 1615 x 395 x 150 mm / 1675 x 215 x 85 mm

Net / gross weights: 38 / 41 kg and 28 / 29.5 kg

Note: This model is also used for a barbell storage rack in the source. Specify the product name.

Source catalogue page: 11



YH-X960

Barbell Training Stand

Package: 660 x 1030 x 230 mm

Net / gross weight: 13.5 / 15 kg

Note: This model is also used for a dumbbell rack in the source. Specify the product name.

Source catalogue page: 11



YJ-B710

Upper-Body Trainer

Package: 1420 x 490 x 210 mm

Net / gross weight: 45 / 48 kg

Source catalogue page: 12



YJ-B720

Pectoral Training Machine

Package: 1680 x 490 x 140 mm

Net / gross weight: 29 / 32 kg

Source catalogue page: 12



YJ-F500

Squat Trainer

Package: 785 x 665 x 195 mm

Net / gross weight: 32 / 35 kg

Source catalogue page: 12



YJ-V851

Training Sled

Packages: 1045 x 280 x 130 mm / 640 x 500 x 120 mm

Net / gross weight: 38 / 44 kg

Source catalogue page: 12

Racks & Storage



Not listed

Multifunction Dumbbell & Barbell Rack

Note: Model and specifications are not listed in the source. Please inquire.

Source catalogue page: 4



YH-1066

3-Tier Dumbbell Rack

Package: 1190 x 490 x 105 mm

Net / gross weight: 18 / 20 kg

Source catalogue page: 11



YH-1067

Z-Frame 2-Tier Dumbbell Rack

Package: 930 x 420 x 100 mm

Net / gross weight: 12.75 / 13.75 kg

Source catalogue page: 11



YH-1078

A-Frame 3-Tier Dumbbell Rack

Package: 540 x 230 x 150 mm

Net / gross weight: 6.2 / 6.6 kg

Source catalogue page: 11



YH-1079

A-Frame 6-Tier Dumbbell Rack

Package: 1040 x 170 x 150 mm

Net / gross weight: 9.5 / 10.2 kg

Source catalogue page: 11



YH-1080

Tree-Style Dumbbell Rack

Package: 320 x 290 x 20 mm

Net / gross weight: 0.4 / 0.5 kg

Source catalogue page: 3



YH-1081

Commercial Dumbbell Rack, 10 Pairs

Packages: 660 x 775 x 160 mm / 2310 x 250 x 130 mm

Net / gross weight: 42 / 45 kg

Source catalogue page: 11



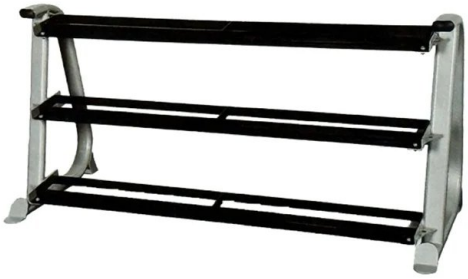
YH-J1911

Light-Commercial Kettlebell Rack

Package: 1180 x 580 x 875 mm

Net / gross weight: 33 / 36.5 kg

Source catalogue page: 12



YH-J1912

Light-Commercial Dumbbell Rack

Package: 1825 x 695 x 850 mm

Net / gross weight: 55 / 60 kg

Source catalogue page: 12



YH-L510

Weight Plate Rack

Package: 970 x 510 x 165 mm

Net / gross weight: 13 / 15 kg

Source catalogue page: 11



YH-L610

3-Tier Dumbbell Rack

Package: 1510 x 615 x 115 mm

Net / gross weight: 47 / 50 kg

Source catalogue page: 13



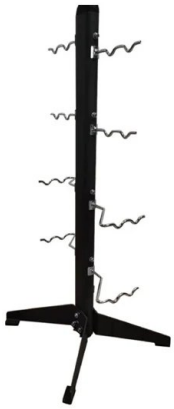
YH-V700

Exercise Ball Rack

Package: 1030 x 1030 x 135 mm

Net / gross weight: 16 / 18 kg

Source catalogue page: 11



YH-X130

Multifunction Suspension Rack

Package: 1035 x 240 x 115 mm

Net / gross weight: 7.5 / 8.5 kg

Source catalogue page: 11



YH-X150

Storage Rack

Package: 995 x 350 x 145 mm

Net / gross weight: 28 / 31 kg

Note: This model is also used for a barbell stand in the source. Specify Storage Rack when inquiring.

Source catalogue page: 13



YH-X180

Weight Plate Stand

Package: 950 x 360 x 330 mm

Net / gross weight: 11 / 12 kg

Source catalogue page: 11

YH-X310

Barbell Storage Rack

Package: 1050 x 535 x 100 mm

Net / gross weight: 13 / 15 kg

Note: The source photograph shows a folding mat and does not match this product name. Product photo requires confirmation. This model is also used for a power rack in the source.

Source catalogue page: 14



YH-X710

Yoga Equipment Storage Rack

Package: 990 x 240 x 70 mm

Net / gross weight: 11 / 11.5 kg

Source catalogue page: 11



YH-X711

Dumbbell Storage Rack

Package: 1285 x 1080 x 60 mm

Net / gross weight: 33 / 35 kg

Source catalogue page: 11



YH-X716

Multifunction Storage Rack

Package: 1285 x 680 x 180 mm

Net / gross weight: 34 / 36 kg

Source catalogue page: 11



YH-X719

Yoga Mat Wall Holder

Package: 705 x 105 x 70 mm

Net / gross weight: 3 / 4 kg

Source catalogue page: 13



YH-X720

Multifunction Dumbbell Rack

Packages: 1280 x 1070 x 110 mm / 1220 x 300 x 90 mm

Net / gross weights: 22 / 24.5 kg and 7.5 / 8.5 kg

Source catalogue page: 11



YH-X725

Weighted Ball Rack

Packages: 1505 x 180 x 100 mm / 585 x 585 x 150 mm

Net / gross weight: 14.3 / 17.3 kg

Source catalogue page: 13



YH-X726

Fitness Bag Storage Rack

Packages: 1495 x 260 x 100 mm / 855 x 735 x 150 mm

Net / gross weight: 24.5 / 27.5 kg

Note: Also listed on source page 14 with an inconsistent photograph. The page 13 photograph is used here.

Source catalogue pages: 13, 14



YH-X740

Wall-Mounted Ball Rack

Packages: 1495 x 90 x 75 mm / 920 x 380 x 95 mm

Net / gross weight: 42 / 45 kg

Source catalogue page: 13



YH-X960

Dumbbell Rack

Package: 810 x 310 x 90 mm

Net / gross weight: 13.2 / 15 kg

Note: This model is also used for a barbell training stand in the source. Specify Dumbbell Rack when inquiring.

Source catalogue page: 13



YJ-L730

Dumbbell Rack

Packages: 2420 x 330 x 215 mm / 980 x 880 x 275 mm

Net / gross weight: 66 / 72 kg

Source catalogue page: 12



YJ-X311

Weight Plate Storage Rack

Package: 1300 x 855 x 205 mm

Net / gross weight: 52 / 55 kg

Source catalogue page: 12

Weighted Vests & Belts



YH-F110Y

Weighted Training Vest

Package: 550 x 360 x 80 mm

Net / gross weight: 2 / 2.5 kg

Source catalogue page: 14



YH-F114Y

Weighted Training Vest

Package: 550 x 400 x 40 mm

Net / gross weight: 0.5 / 0.6 kg

Source catalogue page: 14



YH-F178T

Weighted Head Harness

Package: 200 x 300 x 40 mm

Net / gross weight: 0.4 / 0.5 kg

Source catalogue page: 14



YH-F178Y

Weighted Training Vest

Package: 500 x 400 x 50 mm

Net / gross weight: 4 / 5 kg

Source catalogue page: 14



YH-F179Y

Pull-Up Weight Belt

Package: 400 x 300 x 40 mm

Net / gross weight: 0.5 / 0.6 kg

Source catalogue page: 14



YH-F180Y

Pull-Up Weight Belt

Package: 400 x 300 x 40 mm

Net / gross weight: 0.5 / 0.6 kg

Source catalogue page: 14



YH-F187Y

Weighted Training Vest

Package: 550 x 400 x 40 mm

Net / gross weight: 0.7 / 0.8 kg

Source catalogue page: 14



YH-F190Y

Weighted Vest

Package: 1280 x 680 x 225 mm

Net / gross weight: 3 / 3.5 kg

Source catalogue page: 14



YH-K801Z

Sports Weighted Vest

Package: 370 x 540 x 50 mm

Net / gross weight: 2.3 / 2.4 kg

Source catalogue page: 14



YH-L321T

Weightlifting Belt

Package: 250 x 310 x 35 mm

Net / gross weight: 0.3 / 0.5 kg

Source catalogue page: 14

Cable Attachments & Straps



YH-D100Z

Barefoot Training Strap

Package: 650 x 190 x 20 mm

Net / gross weight: 0.5 / 0.6 kg

Source catalogue page: 14



YH-L155Y

Deadlift Lifting Straps

Package: 550 x 400 x 40 mm

Net / gross weight: 0.7 / 0.8 kg

Source catalogue page: 14



YH-L168T

Pull-Up Assist Hooks

Package: 500 x 400 x 50 mm

Net / gross weight: 4 / 5 kg

Source catalogue page: 14



YH-L420K

Walking Pad Waist Belt

Package: 420 x 85 x 50 mm

Net / gross weight: 0.8 / 1 kg

Source catalogue page: 14



YH-L430D

Deadlift Lifting Straps

Package: 710 x 50 x 10 mm

Net / gross weight: 0.6 / 0.8 kg

Source catalogue page: 14



YH-L801Z

Cable Machine Handle

Package: 145 x 150 x 40 mm

Net / gross weight: 0.2 / 0.3 kg

Source catalogue page: 14



YH-L802Z

Cable Machine Bar Handle

Package: 540 x 120 x 30 mm

Net / gross weight: 0.4 / 0.5 kg

Source catalogue page: 14



YH-L803Z

Ankle Strap

Package: 100 x 280 x 10 mm

Net / gross weight: 0.3 / 0.4 kg

Source catalogue page: 14



YH-L899

Cable Machine Handle

Package: 145 x 50 x 230 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 14



YH-V803

Cable Machine Exercise Handles

Package: 18 x 8 x 5 cm

Net / gross weight: 0.22 / 0.3 kg

Source catalogue page: 11



YH-V805

4-Piece Chrome Cable Attachment Set

Package: 440 x 220 x 170 mm

Net / gross weight: 6.1 / 6.6 kg

Source catalogue page: 11



YH-V815

6-Piece Black-Plated Cable Attachment Set

Package: 520 x 220 x 185 mm

Net / gross weight: 9.2 / 9.85 kg

Source catalogue page: 11



YH-V880

Back Pull Strap

Size (as listed): 500 mm

Net / gross weight: 0.2 / 0.3 kg

Source catalogue page: 11



YH-V895

5-Piece Rubber-Coated Cable Attachment Set

Package: 860 x 260 x 220 mm

Net / gross weight: 13 / 14.5 kg

Source catalogue page: 11

Trampolines



YH-1039

Hexagonal Trampoline with Handlebar

Package: 1170 x 695 x 135 mm

Net / gross weight: 11 / 13.5 kg

Source catalogue page: 10



YH-N650

Hexagonal Step Trampoline

Package: 840 x 450 x 320 mm

Net / gross weight: 19.8 / 22.7 kg

Source catalogue page: 10



YH-N810

Octagonal Folding Trampoline

Package: 880 x 450 x 135 mm

Net / gross weight: 10 / 12.7 kg

Source catalogue page: 10



YH-N900

40-Inch Folding Trampoline

Package: 784 x 400 x 95 mm

Net / gross weight: 4.2 / 5.5 kg

Source catalogue page: 10



YH-N920

40-Inch Trampoline with Handlebar

Package: 784 x 400 x 95 mm

Net / gross weight: 6 / 8 kg

Source catalogue page: 10



YH-N930

Medicine-Ball Rebounder

Package: 101 x 101 x 19 cm

Net / gross weight: 23 / 25 kg

Source catalogue page: 10

Jump Ropes



YH-1127

Textured Weighted Self-Locking Jump Rope

Package: 160 x 140 x 35 mm

Net / gross weight: 0.3 / 0.4 kg

Colors: black

Source catalogue page: 5



YH-1131

Smart Magnetic Jump Rope

Package: 215 x 156 x 40 mm

Net / gross weight: 0.2 / 0.3 kg

Colors: black and pink / black and blue

Source catalogue page: 5



YH-1132

Foam-Handle Jump Rope

Package: 180 x 130 x 40 mm

Net / gross weight: 0.16 / 0.2 kg

Colors: black and red / black and blue

Source catalogue page: 5



YH-1133

Rubber-Handle Jump Rope

Package: 180 x 180 x 43 mm

Net / gross weight: 0.2 / 0.23 kg

Colors: pink / blue

Source catalogue page: 5



YH-1134

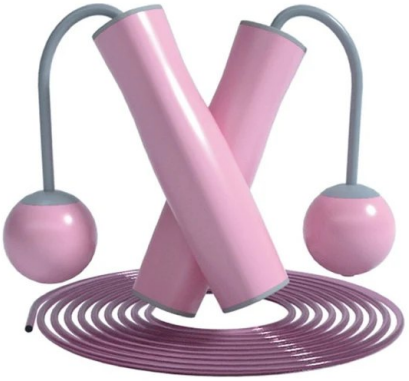
Weighted Silicone Jump Rope

Package: 140 x 180 x 43 mm

Net / gross weight: 0.55 / 0.58 kg

Colors: pink / blue

Source catalogue page: 5



YH-1136

Cordless Jump Rope

Package: 140 x 180 x 43 mm

Net / gross weight: 0.2 / 0.23 kg

Colors: pink / blue

Source catalogue page: 5



YH-1138

Wire Speed Jump Rope

Package: 180 x 140 x 35 mm

Net / gross weight: 0.2 / 0.3 kg

Colors: blue / grey

Source catalogue page: 5



YH-1139

Weighted-Ball Jump Rope

Package: 140 x 180 x 60 mm

Net / gross weight: 0.2 / 0.23 kg

Colors: pink / black / blue

Source catalogue page: 5



YH-1198

Colored Speed Jump Rope

Package: 180 x 140 x 35 mm

Net / gross weight: 0.2 / 0.3 kg

Colors: blue / green

Note: The source color text conflicts between Chinese and English. Confirm colors before ordering.

Source catalogue page: 5



YH-1199

Smart Counting Wire Jump Rope

Package: 220 x 160 x 40 mm

Net / gross weight: 0.4 / 0.5 kg

Colors: blue

Source catalogue page: 5

Resistance Bands



YH-1141

Figure-8 Resistance Band

Colors: purple / white / blue / light purple

Source catalogue page: 5



YH-2031

Thick Resistance Loop Bands

Resistance: 15 / 25 / 35 / 50 lb

Colors: pink / purple / blue / green / grey

Source catalogue page: 5

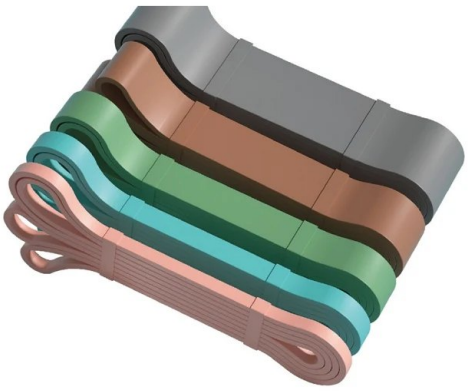


YH-2032

Wide Resistance Loop Bands

Resistance / color: 10 lb pink / 20 lb blue / 30 lb grey

Source catalogue page: 5



YH-2033

Pull-Up Assistance Bands

Resistance / color: 5-15 kg pink / 15-30 kg blue / 20-35 kg green / 25-40 kg brown / 60-90 kg grey

Source catalogue page: 5

Yoga & Exercise Mats



YH-ZD01

Four-Fold Yoga Mat

Package: 1500 x 600 x 120 mm

Net / gross weight: 1.2 / 1.3 kg

Source catalogue page: 15



YH-ZD02

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD03

Four-Fold Yoga Mat

Package: 600 x 600 x 120 mm

Net / gross weight: 0.8 / 0.9 kg

Source catalogue page: 15



YH-ZD04

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD05

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD06

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD07

Four-Fold Yoga Mat

Package: 600 x 600 x 200 mm

Net / gross weight: 0.8 / 0.9 kg

Source catalogue page: 15



YH-ZD08

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD09

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD10

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD11

Three-Fold Yoga Mat

Package: 600 x 600 x 150 mm

Net / gross weight: 0.6 / 0.7 kg

Source catalogue page: 15



YH-ZD12

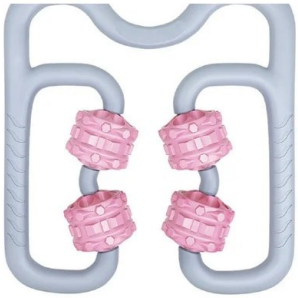
Three-Fold Yoga Mat

Package: 600 x 600 x 200 mm

Net / gross weight: 0.8 / 0.9 kg

Source catalogue page: 15

Foam Rollers & Recovery



YH-0552

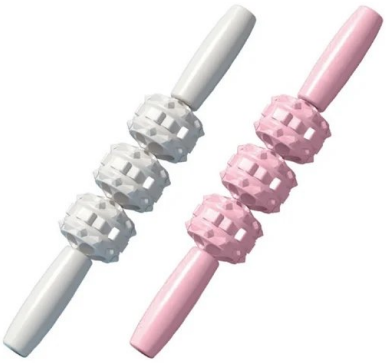
Leg Massage Roller

Package: 260 x 220 x 55 mm

Net / gross weight: 0.4 / 0.5 kg

Colors: blue / pink

Source catalogue page: 6



YH-0553

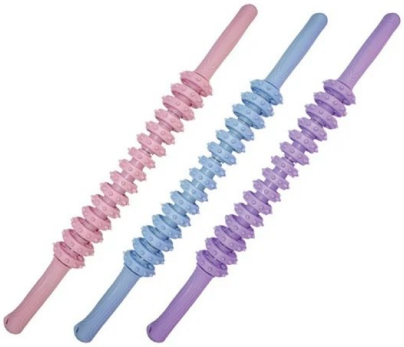
Massage Roller Stick

Package: 330 x 60 x 60 mm

Net / gross weight: 0.2 / 0.3 kg

Colors: blue / pink

Source catalogue page: 6



YH-0561

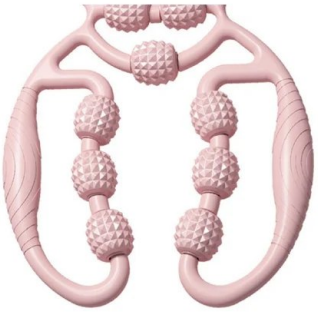
Flexible Spiked Massage Stick

Package: 550 x 50 x 50 mm

Net / gross weight: 0.56 / 0.7 kg

Colors: blue / pink / purple

Source catalogue page: 6



YH-0562

9-Wheel Dual-Zone Massager

Package: 275 x 40 x 250 mm

Net / gross weight: 0.29 / 0.5 kg

Colors: green / pink / purple

Source catalogue page: 6



YH-0565

Ring-Style Massage Roller

Package: 220 x 55 x 210 mm

Net / gross weight: 0.56 / 0.7 kg

Colors: green / pink

Source catalogue page: 6



YH-063

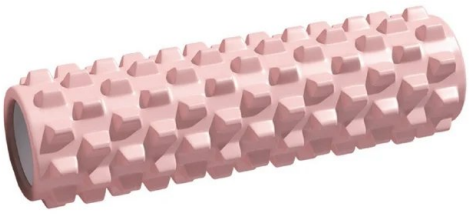
Solid Textured Foam Roller

Styles: solid

Sizes (length x diameter): 330 x 150 / 480 x 145 mm

Colors: green / blue / pink / violet

Source catalogue page: 6



YH-066

Spiked Foam Roller

Styles: solid / hollow / capped

Sizes (length x diameter): 330 x 120 / 450 x 120 / 450 x 140 / 610 x 140 mm

Colors: pink / mint green / grey / black / violet / blue / rose red / teal blue / wheat yellow / ice blue

Source catalogue page: 6



YH-0662

9 cm Spiked Massage Ball

Package: 100 x 95 x 130 mm

Net / gross weight: 0.1 / 0.2 kg

Colors: green / pink

Source catalogue page: 6



YH-1041

Honeycomb-Texture Foam Roller

Styles: hollow

Size (length x diameter): 300 x 110 mm

Colors: violet / yellow / blue

Source catalogue page: 6



YH-1050

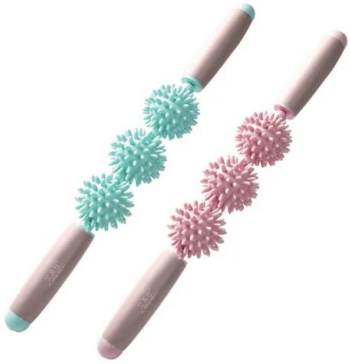
3D-Texture Foam Roller

Styles: solid / hollow

Size (length x diameter): 450 x 130 mm

Colors: black / pink / blue

Source catalogue page: 6



YH-1063

Spiked-Ball Massage Roller Stick

Package: 435 x 70 x 70 mm

Net / gross weight: 0.2 / 0.4 kg

Colors: green / pink

Source catalogue page: 6



YH-1064

Petal-Roller Massage Stick

Package: 460 x 80 x 80 mm

Net / gross weight: 0.5 / 0.7 kg

Colors: black / green / pink

Source catalogue page: 6



YH-1077

Peanut Massage Ball Set

Package A: 60 x 60 x 140 mm

Package B: 60 x 60 x 60 mm

Net / gross weight (as printed): A 2.2 / 0.4 kg, B 0.55 / 0.7 kg

Colors: blue / violet / green

Note: Package A net weight exceeds gross weight in the source. Confirm before ordering.

Source catalogue page: 6



YH-1146

Three-Edge Multicolor Foam Roller

Styles: solid

Size (length x diameter): 450 x 120 mm

Colors: pink and yellow / pink and blue

Source catalogue page: 6



YH-1154

Soothing Foam Roller

Styles: solid / hollow

Sizes (length x diameter): 330 x 140 / 400 x 120 / 450 x 140 / 610 x 140 mm

Colors: pink / black / violet / blue / orange / ice blue / rose red

Source catalogue page: 6



YH-1155

Crescent-Texture Foam Roller

Styles: solid / hollow

Sizes (length x diameter): 330 x 140 / 450 x 140 mm

Colors: pink / mint green / red / black / blue / violet / rose red

Source catalogue page: 6



YH-1251

Raised-Point Foam Roller

Styles: solid / hollow

Sizes (length x diameter): 320 x 100 / 330 x 140 / 450 x 140 mm

Colors: pink / mint green / grey / red / black / violet / blue / rose red / teal blue / ice blue

Source catalogue page: 6



YH-1252

Pleated Foam Roller

Styles: solid

Size (length x diameter): 440 x 130 mm

Colors: pink / mint green / red / grey

Source catalogue page: 6



YH-1253

Fish-Texture Foam Roller

Styles: hollow

Sizes (length x diameter): 330 x 140 / 450 x 140 mm

Colors: red / grey / light green

Source catalogue page: 6



YH-1303

Pumpkin-Roller Massage Stick

Package: 465 x 40 x 40 mm

Net / gross weight: 0.35 / 0.45 kg

Colors: black / green / rose red

Source catalogue page: 6

Other Equipment



YH-Y100

Gaming Equipment Stand

Packages: 700 x 605 x 140 mm / 530 x 400 x 60 mm

Net / gross weight: 11 / 13 kg

Source catalogue page: 13